

# ISTD DELHI CHAPTER

QUARTERLY NEWSLETTER - 3rd Edition - January 24 Issue

# PULSE



WWW.ISTDDELHI.IN

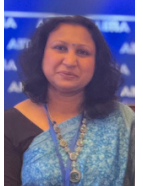
As we step into a promising canvas of 2024, we extend our heartfelt gratitude to each and every member for all the support throughout 2023. Together, we have achieved milestones and grown stronger as a community.

In the spirit of New Beginnings, let's embrace the opportunities that lie ahead of us.

We wish you a year filled with prosperity, joy and meaningful collaborations.

**Cheers to Remarkable 2024!**

- Alka Agarwal & Shivani Garg Sabharwal



## EOGM ISTD DELHI CHAPTER



An EOGM was called on a Sunday, 5th Nov'2023. We are happy to announce that the suggestions made by the members, present in meeting, have duly been actioned upon and have instituted the Managing, Ethics and Disciplinary Committee after following the nomination and selection process.

## NEWLY NOMINATED MANAGING COMMITTEE MEMBERS

**INDIAN SOCIETY FOR TRAINING & DEVELOPMENT DELHI CHAPTER  
MANAGING COMMITTEE MEMBERS**

**VICE CHAIRPERSON**  
**LEENA SHARMA ZAVERI**  
26 yrs of exp. Adv. HR & GDPR Consultant.  
LLB LLM, TRAINER, IC Member

**HON. TREASURER**  
**AKHILESH KUMAR**  
22 yrs of exp. GM HR - KHC  
MBA, LLB

**MANAGING COMMITTEE MEMBER**  
**SHIVANI GARG**  
23 yrs of Exp. MBA, TRAINER  
Ex-ZH Kotak Sec.

**MANAGING COMMITTEE MEMBER**  
**DEEPAK BEHL**  
20 yrs of exp. MBA, TRAINER  
Ex Dir The Park Hotels

**MANAGING COMMITTEE MEMBER**  
**MANISHA SINGH**  
16 yrs of exp. MBA, TRAINER  
Ex HR Head Rusk Media.

## ISTD DELHI CHAPTER NEWS

OCT-DEC 23

### Message from the team

**Chairperson - Dr. Anubha Walia**

As the year has gone past successfully, I wanted to take a moment to extend my heartfelt gratitude for the invaluable association and partnership we've shared throughout this year. As we step into the New Year, let's embark on a journey of continuous learning and development. Our success as ISTD Members and as a team is intricately linked to our ability to grow and adapt in the ever-evolving landscape of our ISTD and we believe that investing in our collective growth and skill enhancement is pivotal for our success and innovation.

In 2023, we launched a series of dynamic L&D initiatives, designed to elevate your skills, foster collaboration, and empower you to reach new heights.

Remember, learning is not just a destination; it's a lifelong journey. Thank you so much for your support and creating an environment where everyone feels empowered to contribute their best. Wishing you an enriching and fulfilling year ahead!

Happy Reading our Quaterly Newsletter

**Hon. Secretary - Mr Ajaya Sahoo**

As we bid farewell to another remarkable year, I extend my heartfelt gratitude to each of you for your unwavering commitment to learning and development. Together, we've achieved milestones and created a thriving community.

In this New Year edition of Pulse, let's celebrate our collective successes, share insights, and inspire one another for the journey ahead. May 2024 bring new opportunities, growth, and continued collaboration. Wishing you all a joyous New Year filled with learning, success, and meaningful connections.

# LAST 3 MONTHS EVENTS

## LEARNING SERIES - BHAGWAD GEETA

When Life puts you to a test... when the path is unclear... When you touch the lows of your life....There's one rescue that's available in every situation.... It is the path shown by "Shrimad Bhagwat Gita." A 700 verse Hindu Scripture, a true elixir given by Lord Shri Krishana through Arjuna to this Mankind. It is a text that can be read and interpreted in many ways, making it perfect for people of all ages and backgrounds. We were fortunate to have a session on Geeta Saar at the ISTD Delhi office in yet another powerful forum on the 4th Saturday for Delhiite learning club by Shri. Prabhat Kumar Jha . Indeed Knowledge gained from the Bhagavad Gita dispels our doubts and builds our confidence. Fortunately our past President Mr Yogesh Upadhaya, National Treasurer Mr Nabaghana Pany, Mumbai Chapter Leader, Mr Radharamanan Panicker also graced the occasion with their presence.

## NATCON IN JAIPUR



## Welcome aboard

Congratulations on being part of the ISTD Family!  
The whole organisation welcomes you, and we all ISTD members look forward to a successful journey with you! Welcome aboard!

- Ashish Singh
- Manohar Garikapati
- Deepali Jain
- Ravi Gupta
- Sandeep Singh

**WE ARE 893 MEMBERS**

## MANTHAN

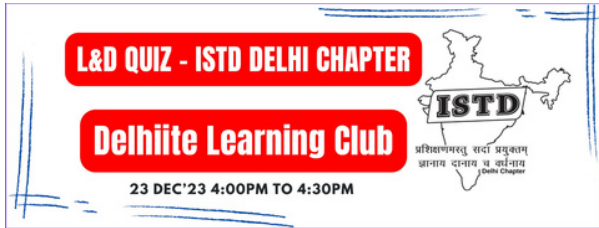
**"Knowledge sharing is an essential component of growing up".** ISTD Delhi Chapter truly believes in this adage in spirit and practice. In this journey, we continue to provide knowledge based forums to share diverse perspectives that can lead to new ideas and approaches. **"Manthan"** series is one such forum that builds a stronger knowledge-sharing culture within the chapter and fosters a sense of community and belonging. In this quarter extremely relevant and contemporary topics were deliberated and discussed. **"Career Reinvention"** to **"AI tools in training"** were truly the subjects of modern times. Experts shared their domain knowledge to enable the audiences to expand their awareness in this regard.



# LAST 3 MONTHS EVENTS

## 4TH SAT DELHIITE LEARNING CLUB

Jingle bells jingle bells... Santa on his way!!! Christmas feel and spirit was totally in air when ISTD Delhi members celebrated the festival on the 23rd Dec'23 by ensuring being colour coded Red , attempting L& D quiz online... and exchanging festivities... and Yes!! Santa did come to give away the gifts...



## POSH MDP FOR NGSL



POSH training, organised by Delhi Chapter, helped participants identify and differentiate between appropriate and inappropriate behavior at the workplace. Training gave a clear understanding to the participants of the behaviors falling under sexual harassment. Four in-person Sessions were successfully executed by Ms Narender Kaur (life-member) at Korba Chattisgarh, Jharsuguda Orissa and 2 Hybrid session by Ms Smita Tandon & Ms Shivani Garg



# LAST 3 MONTHS EVENTS

## ETHICS COMMITTEE



### Ethics Committee



AJOY SHAH  
Committee Head



MANOHAR GARIKAPAT  
Committee Member



PRBHODH GUPTA  
Committee Member



DEEPAI JAIN  
Committee Member



RITU KOCHHAR  
Committee Member

Proposed during the EOGM, an idea of instituting Ethics committee came into being. After duly following the nomination and selection process, the members of the committee were chosen with a fair representation of women members. The committee is headed by Mr. Ajoy Shah.

## INVESTIGATIVE COMMITTEE



### Investigating Committee



GURUMUKH SINGH BAWA  
Committee Head



N K GUPTA  
Committee Member



LINSU KOSHY  
Committee Member



ASHISH SARANGI  
Committee Member



RISHI K GARG  
Co-opt Finance Expert

With the consent and agreement of the Chapter Members present at EOGM, an investigating Committee was instituted to look into any financial inadequacies.

The committee is headed by Mr. Gurumukh Singh Bawa.

## DELHI CHAPTER MANAGING COMMITTEE



AKHLESH KUMAR  
22 yrs of exp. GM HR - KHC  
MBA, LLB



AJAYA KUMAR SAHOO  
30 yrs of exp. GM HR - NQSL  
Intl Trainer & Coach



LEENA SHARMA ZAVERI  
26 yrs of exp. Adv. HR & GDPR Consultant.  
LLB LL.M. TRAINER, IC Member



ANUSHA WALLA  
23 yrs of exp. - Dir PRISM Philosophy  
Intl Coach & Trainer



SHIVANI GARG  
23 yrs of Exp. MBA, TRAINER  
Ex-Ziti Kotak Sec.



DEEPAK BEHL  
30 yrs of exp. MBA, TRAINER  
Ex Dir The Park Hotels



SHEETAL SINGH  
16 yrs of exp. MBA, TRAINER  
Prof LESSIM



MANISHA SINGH  
16 yrs of exp. MBA, TRAINER  
Ex HR Head Bank Media.

## LAUNCH OF ELEVATE

4th Saturday of the month, that we truly look forward to.. A day that is full of relevant, practical knowledge via **Delhiite learning initiative**, but this time there's another cherry on the cake. Here we introduce the new series "Elevate" ... through this more industry specific and conceptual pieces will be delivered in person on every 4th Saturday. The inaugural session By Dr. Sheetal was a deep dive in the world of Research and Data crunching. It definitely widened our horizon on the subject. There are many more interesting sessions on the way... You can even invite your acquaintances and friends for the session. Isn't this really making learning Democratic!!!



ISTD DELHI CHAPTER LAUNCHING

### ELEVATE

MONTHLY ENGAGEMENT  
RS. 100 /- FOR ISTD MEMBERS  
RS. 200 /- FOR NON MEMBERS

LEARNING IS A WONDERFUL THING.  
IT HOLDS ITS OWN INSPIRATIONAL POWER

JOIN US

EVERY 4TH SAT 2 TO 4 PM  
23 DEC 23 - SKILL DEVELOPMENT  
WORKSHOP IN RESEARCH

CONTACT  
Dr. Sheetal Singh : 8979175656  
Mr. Deepak Behl - 981182439



# UPCOMING EVENTS....

www.istddelhi.in

## JAN - MAR'24

**2<sup>ND</sup> SHARU RANGNEKAR  
MEMORIAL LEARNING &  
DEVELOPMENT AWARD**

**INDIAN  
SOCIETY FOR  
TRAINING &  
DEVELOPMENT**

LAST DATE TO APPLY  
15TH FEBRUARY 2024

Training House, B-23,  
Qutab Institutional Area,  
New Delhi - 110 016  
9971300397  
director@istd.in

**33<sup>rd</sup> Indian Society for Training & Development  
NATIONAL AWARDS**



**5TH MARCH 2024  
NEW DELHI**

awards@istd.in  
www.istd.in  
9650335021  
9540431335

## MANTHAN 12 & 13

**मंथन Saturday Bite-sized 12th in Series**

ISTD DELHI CHAPTER INITIATIVE  
**Multigenerational  
Management Skills**

Saturday 13th JAN 2024  
7PM - 730 PM  
ONLINE SESSION

ZOOM ID: 6220034479  
Passcode: 2023

ARVIND CHAUDHARY  
ASP, Indian Bank  
SPEAKER

NAMRATA SINGHAL  
Corporate Trainer  
MODERATOR

RAJESH KASHYAP  
CEO - Myyessu  
INITIATOR

CHANDAN GHOSH  
Prof & Head, Resident Infrs  
Div - Min of Home Affairs  
SPEAKER

Follow ISTD

**मंथन Saturday Bite-sized 13th in Series**

ISTD DELHI CHAPTER INITIATIVE  
**Adaptive Learning**

Saturday 10th Feb 2023  
7PM - 730 PM  
ONLINE SESSION

ZOOM ID: 6220034479  
Passcode: 2023

ANAND DINDI  
Cross-Capability Lead  
Tatani Pharmaceuticals  
SPEAKER

KAJAL KUMARI  
Head, L&D  
MODERATOR

RAJESH KASHYAP  
CEO - Myyessu  
INITIATOR

Dr. RISHI KUMAR GARG  
Asst Professor  
Chandragupta Inst of Mgmt  
SPEAKER

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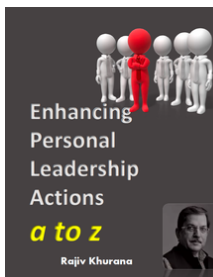
## ACHIEVERS' COLUMN

Achievers' column showcases how our learned fraternity contributes in their own respective ways to create an impact in this world. Our learned members of the Chapter have been felicitated at various forums for their valuable contributions and also many others have shared their pearls of wisdom in variety of forms and formats.

**Extremely honoured and proud of Mr Rajiv Khurana, Mr Sumit Chaudhuri, Mr Abdul Ghaffar, Mr N K Nair, Mr D V Shastry for their achievements !!!**



Sumit Chaudhuri being felicitated by Professor Somesh Dhamija who invited him to deliver a full day Orientation Session on August 18, 2023 for the students of the Five Year Integrated LL. B. Programme, conducted by their Institute of Legal Studies and Research. Received phenomenal appreciation for the value addition made.



Abdul Ghaffar | Author | Trainer | Business Consul  
Dec 23, 2023 · 10 min

**Actionable Goals: A Practical Guide to Achieving Success**

In our journey towards personal and professional growth, setting and achieving goals play a crucial role. In my previous article, I discussed about goal-setting. To make this process easy, understandable, sensible, I coined a new acronym, "MY SWEET" goal, each letter was representing an identical element of goal-setting that



## DIGITAL NEWSLETTER :

Available on YouTube, Website, or Scan QRCode

**WWW.ISTDDELHI.IN**

WE WILL BE HAPPY TO PUBLISH ISTD MEMBERS  
SUCCESS STORIES/ ACHIEVEMENTS / L&D WRITEUP

PLEASE MAIL US BY MAR 27TH 2024, @ DELHICHAPTER.ISTD@GMAIL.COM

